



SOAR Values and Definitions

The SOAR Values	Definitions
<p>Vision/Purpose/Action “Where there is no prophetic vision, the people cast off restraint, but blessed is he who keeps the law.” – Proverb 29:18</p>	<p>Vision is the lens through which you interpret the events of your life. Your vision is the “where” of your life; that is, not where you are but where you are going, and how you will get there. Vision is not just <i>what</i> you see but <i>how</i> you see - pain, people, God. Vision also empowers purpose, the “why” of your personal journey with a focus on something greater than yourself. Vision (seeing) and purpose (reason) are useless without action towards fulfillment (execution).</p>
<p>Life Transitions “Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.” – Isaiah 43:18-19</p>	<p>Making the choice to redesign your life is often a function of changing circumstances, inspiration or both. Essentially, redesigning your life is related to life transitions, which can be major or minor in scope. How we manage those transitions cumulatively and progressively over time determines the redesign outcome, which can be either transformative or restorative in nature.</p>
<p>Managing Relationships “Walk with the wise and become wise, for a companion of fools suffers harm.” – Proverbs 13:20 (NIV)</p>	<p>This SOAR value represents a core element of human growth and development. Building, maintaining and sustaining relationships is a skill set that involves ongoing effort, commitment and compromise to establish a solid foundation over time. Managing relationships is a key to success in your spiritual, personal and business life.</p>
<p>Community and Family “Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.” – Ephesians 4:2-3 (NIV)</p>	<p>The Community and Family value reflects the desire to have an impact and to make a difference in the lives of others. Serving communities and families is about building quality relationships, being in service to others based on their needs, and using your influence to bring about positive change.</p>

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<p>Faith & Belief “Now unto Him who is able to do exceeding abundantly all that we ask or think, according to the power that worketh within us.” – Ephesians 3:20 (KJV)</p>	<p>A well-integrated life includes a spiritual domain that reflects faith, belief and purpose. And fun, freedom and fulfillment is destination of a well-integrated life. Fun means experiencing the joy in life that comes by faith. Freedom is a function of your beliefs which influence choices and stewardship. Fulfillment comes as a result of living life with purpose and by design.</p>
<p>Personal Economy “Honor the Lord with your wealth and with the firstfruits of all your produce; then your barns will be filled with plenty, and your vats will be bursting with wine.” – Proverbs 3:9-10 (NIV)</p>	<p>While everyone pays attention to the national and global economies never forget that it's personal too. Your personal economy is unique and constantly changes, reflecting the things that truly matter to you - your family, your home, your passions and your purpose in life. Life transitions and milestone events force us to re-evaluate our personal economy as life progresses.</p>
<p>Continuous Improvement <i>Life Coaching</i> “Each of us should please our neighbors for their good, to build them up.” – Romans 15:2 (NIV)</p> <p><i>Personal Development</i> “Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.” – Philippians 3:14 (NIV)</p>	<p>Continuous improvement is a core value that integrates life coaching and personal development. Quite simply a life coach is someone who assists you in reaching a goal or making a change in your life. A life coach is also one who supports, motivates, and holds you accountable to the vision you have to redesign your life. Personal development is a process of self-improvement through activities such as continuous learning, skill enhancement, setting goals and objectives, and performance management. The key here is that personal development activities are self-determined, self-directed and self-monitored.</p>

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<p>Creativity "and he has filled him with the Spirit of God, with wisdom, with understanding, with knowledge and with all kinds of skills— to make artistic designs for work in gold, silver and bronze, to cut and set stones, to work in wood and to engage in all kinds of artistic crafts." Exodus 35:31-32 (NIV)</p>	<p>This value reflects the extra edge exhibited in the desire to share your life experiences and lessons learned through the artistic creative process. For many the process of redesigning life has led to the discovery of expressions of artistry and creativity that benefit and impact others or inspire change. This value reflects the works of visual artists, performance artists, writers, poets, craftsmen, designers, musicians and all others who engage in the creative process as their life purpose.</p> <p><i>"Artists are visionaries. We routinely practice a form of faith, seeing clearly and moving toward a creative goal that shimmers in the distance—often visible to us, but invisible to those around us."</i> —Julia Cameron</p>
<p>Travel Adds Value "But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him." — Luke 10:33 (NIV)</p>	<p>This SOAR Value reflects a belief in the effect that travels brings to life and how it interconnects with all the other values listed here. Travel adds value to life in four areas - family, career, health and wellness, and retirement. Travel is a mechanism for self-improvement, building diverse relationships, engaging in community service, and creating memorable experiences.</p>
<p>Legacy But the plans of the Lord stand firm forever, the purposes of his heart through all generations. — Psalm 33:11 (NIV)</p>	<p>The legacy we leave behind is a true reflection of the life we have led. The things you do for others, the lives you touch, your influence on those around you and the impact you make is your legacy. Creating an inter-generational legacy is life-long endeavor designed by the plans and the choices you make.</p>